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Additional Optional Services

Mandala Midwifery offers additional services which are completely optional, though commonly desired. Tub rentals, Childbirth Education Classes, and Placenta Processing. Each item will come up as a topic discussion at a prenatal visit to discuss the pros and cons of whether this service makes sense for you, regardless of who provides the service. You do not need to make a decision about them now, but if you know you would like to partake in any or all of the following, this will guarantee you availability -- as these are offered to people outside of Mandala Midwifery clients and spaces tend to fill up (with the exception of Placenta Processing, which does not fill up).

Additional details can be found at www.MandalaMidwifery.org. You will not be charged for pick up and delivery fees.

You are welcome to seek outside of Mandala Midwifery for any or all of the items here. The idea is to minimize the work involved by reducing the need to have to make arrangements with others, as well as provide a continuity of care.

Please check if you would like any of the following.

If you select two or more there is an additional discount of 1% of the HomeBirth Services Fee.

☐ Tub Rental (Standard Fee: \$250 and \$150, respectively)

☐ Aqua Doula Tub: 5% of the HomeBirth Services Fee, but no more than \$250, no less than \$150. Plus tax.

☐ La Bassine Tub: 3% of the HomeBirth Services Fee, but no more than \$150, no less than \$90. Plus tax.

A separate contract will need to be signed to complete the agreement.

If you would like additional accessories or the cleaning service, this will affect the amount due.

Tub Rental Amount: \$ _____

☐ Placenta Processing (Standard Fee: \$250)

5% of the HomeBirth Services Fee, but no more than \$250, no less than \$150.

A waiver will need to be signed.

Placenta Processing Amount: \$ _____

☐ Homebirth Focused Childbirth Education Classes (Standard Fee: \$350)

8% of the HomeBirth Services Fee, but no more than \$350, no less than \$150.

To complete the reservation, the Registration Form needs to be filled out.

Homebirth Focused Child Birth Education Class Amount: \$ _____

Discount: \$ _____

Total to be added to the Mandala Midwifery Birth Services Payment Plan: \$ _____

Client (Please Print)

Signature

Date

Midwife (Please Print)

Signature

Date

Anticipated Additional Expenses

All these items below are estimates.

Consider having a “Doula Fund” or a “Midwifery Care Fund” for your Baby Shower to help cover these important expenses.

- ♦ Birth Bucket of homebirth supplies (“Required”) - Provided by Mandala Midwifery ~\$65
- ♦ Homebirth Focused Childbirth Education Class ~\$250-350
Highly recommended for mothers who have not had a homebirth
- ♦ “Routine” Labs ~\$100-\$400
- ♦ Birth Doula ~\$1,000-1,200
Highly recommended for mothers who have not had a vaginal birth.
- ♦ Acupuncture ~\$15-30/session at Acupuncture Projects, such as Oakland Acupuncture Project, Berkeley A.P.
Recommended in the last weeks of pregnancy.
- ♦ Massage ~\$60-75/session with a little searching.
Recommended at least once or twice in the last weeks of pregnancy.
- ♦ Tub Rental ~\$250 (heated) or \$150 (non-heated)
Recommended
- ♦ Placenta Processing (Optional) ~\$250
Recommended. Highly recommended for those with a history of depression or anxiety.
- ♦ Additional Classes (Optional):
 - Infant CPR ~\$50
 - Breastfeeding
 - Newborn Care
 - Hypnobirthing
 - Birthing From Within Childbirth Preparation
 - Mindfulness-Based Childbirth and Parenting
- ♦ Postpartum Doula ~\$20-30/hour
Recommended for all mothers, at least a few times in the first two weeks.