



Placenta Encapsulation and Tincture

Postpartum Healing for Both Mother and Child: Beat the baby blues and build your baby's immunity at the same time!!

Traditional Chinese Medicine has used placenta (Ze He Che) for thousands of years to augment the body's "Qi" (life-force energy), and nourish body's "Essence". Basically, it brings the body back into balance, replenishing what was lost during childbirth, and boosts both mom and baby's systems for years to come.

Dehydrated placenta and tincture is extremely nutrient rich and helps replenish the body, restoring and rebalancing hormones after labor and delivery. Experts agree that the placenta retains hormones, and thus reintroducing them to your system may ease hormonal fluctuations making it perfectly made for you, by you. Both you and your child can continue to take the capsules for years to come any time your overall wellness is low. This is the greatest medicine!

In addition, it is high in vitamins and minerals such as iron, protein, and vitamin B6. Almost every mammal ingests their own placenta after the birth, sometimes even ignoring the young until the placenta has been completely ingested. Encapsulating your placenta is not only the easiest (and most tasteless) way to consume this powerful medicine, but to preserve it for future uses as well.

Benefits of Encapsulation and Tincture for Mom and Baby

Balancing Hormones	Combats fatigue
Increases both baby's and your immunity	Increases your energy
Enhances milk production	Smooths out your emotions
Shortens postnatal bleeding time	Increases postnatal iron levels

Freezing capsules for future use can benefit both mother and child:

Weaning from breastfeeding	Bouts of depression or anxiety
Healing broken bones or trauma	Debilitating chronic disease
General fatigue	Regulate hormones during menopause
Life transitions such as first day of school, or other stages in your child's development where separation from "mommy" may be difficult	

Preparation Process:

Your placenta will be prepared, dehydrated, and encapsulated adhering to the strictest standards of safety as set forth by OSHA and the EPA, and conforming to local health department guidelines for food preparation and safety protocols. The preparation process is always done in a sanitized environment, using sanitized equipment.

It is recommended to prepare the placenta within 1-3 days of giving birth, and should be kept in a refrigerator or cooler until the process begins. However, if it's not possible, the placenta should be frozen until ready to be processed. If your placenta is tinctured, it is prepared in 80 or 100 proof vodka, and topped off with some fine creme de cassis for taste!

Suggested Dosage:

It is recommended to take 1-2 capsules, 1-3 times/day, up to three capsules per day for 2-3 weeks or months, based on what you need. Beyond that time, capsules can be kept in the freezer and taken for any of the above listed benefits. It is recommended to take 1-2 dropperfuls, 1-3 times/day, up to three dropperfuls per day, based on what you need. Tincture can be stored in a dark cool cupboard for many years.

Contraindications:

We recommend that you don't take the capsules past 4:00 pm because of its energizing properties or if you have a fever or flu.